



LOCAL

—Foods—

Catering Menu

———— HEIGHTS ————

714 YALE ST #1A

713-360-6011

WWW.HOUSTONLOCALFOODS.COM

OPTION ONE

GROUP LUNCH

SOMETHING FOR EVERYONE

PLATTERS

SMALL

9 SANDWICHES
3 MARKET SIDES
SERVES 7-11 PEOPLE

\$125

MEDIUM

15 SANDWICHES
4 MARKET SIDES
SERVES 12-17 PEOPLE

\$194

LARGE

24 SANDWICHES
5 MARKET SIDES
BOWL SALAD
SERVES 18-26 PEOPLE

\$295

MARKET SIDES

RED POTATO SALAD

ONION, CELERY, EGG, HONEY,
DILL, CREOLE MUSTARD

HOUSE MADE CHIPS

OLD BAY SEASONING

TUSCAN KALE

GOLDEN RAISINS, PINE NUTS, PARMESAN **

DILL PICKLES

MADE IN HOUSE

SUMMER SQUASH

PEPPADEW PEPPERS, SQUASH,
FENNEL VINAIGRETTE

SEASONAL HUMMUS

\$28

SERVES 6-8 PEOPLE

SERVED WITH ASSORTED VEGETABLES

SOUPS

CHICKEN POSOLE

HOMINY, GREEN CHILES,
CILANTRO, LIME **

\$10

SERVES 4-5 PEOPLE

VEGAN CORN CHOWDER

YUKON GOLD POTATOES, TX SWEET CORN,
VEGAN BACON

BOWL SALADS

YOUR CHOICE OF THE
SEASONAL HARVEST or ASIAN SALAD

SERVES 10-15 PEOPLE

\$44 (DOES NOT INCLUDE PROTEIN)

ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

**** CONTAINS NUTS OR SEEDS**

BOX LUNCH

LET US MAKE IT PERSONAL

SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

(SIDES CANNOT BE SUBSTITUTED FOR DESSERT)

SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

BANH MI

PORK, PICKLED ONION,
CUCUMBER, JALAPENO, CILANTRO,
SAMBAL, AIOLI, BAGUETTE. 13

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,
PARMESAN, AIOLI,
PRETZEL BUN. 10

ROAST BEEF

HOUSE ROAST BEEF,
TEXAS GOAT CHEESE, TOMATO
ARUGULA, BALSAMIC AIOLI, CIABATTA. 14.5

GULF SEAFOOD

GREEN GODDESS, PICKLED
RED ONION, TOMATO,
CIABATTA. 14

“CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE,
BUTTERMILK RANCH, PICKLES,
TOMATO, CRUSHED CHIPS,
PRETZEL BUN. 12.5 **

GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,
HUMMUS, TOMATO, SPROUTS,
PICKLED ONIONS, CIABATTA. 10.5
ADD CHICKEN 13
AS SALAD W/ CHICKEN 14

SALADS

SEASONAL HARVEST

GOAT CHEESE, BRUSSELS SPROUTS, FRUIT,
NUTS, SEASONAL VEGETABLES, FRESH HERB
VINAIGRETTE 11.5 **
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

TACO SALAD

BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO,
PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN,
LIME VINAIGRETTE 12.5 **

ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED
CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 **

SHRIMP COBB

AVOCADO, TOMATO, EGG, BACON, CUCUMBER, CHEDDAR,
AGAVE CREOLE MUSTARD DRESSING 14.5

** CONTAINS NUTS OR SEEDS

EXTRAS
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THE FINAL TOUCH ON THE PERFECT LUNCH.

DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) **19**
MEDIUM ASSORTED PLATTER (SERVES 11-18) **29**
LARGE ASSORTED PLATTER (SERVES 19-24) **39**
CHOCOLATE CHIP COOKIE **2**

DRINKS

SEASONAL LEMONADE GALLON **26** HALF GALLON **13**
BLACK TEA GALLON **20** HALF GALLON **10**
HONEY ICED COFFEE (WITH ALMOND MILK) **4**
PAT GREER'S SEASONAL KOMBUCHA **4.5**
MEXICAN COKE, TOPO CHICO, DR. PEPPER **3**
COLD BREW NITRO COFFEE ON DRAFT **4**

SERVING & SUPPLIES

UTENSIL KIT
FORK/SPOON/KNIFE/NAPKIN
\$.25 PER KIT

PLATES BOWLS CUPS
\$.25 \$.25 \$.25

SERVE WARE
SPORK/SPOON/TONG/LADLE/SCOOP
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE
HOUSTONLOCALFOODS.COM, CHOOSE LOCATION AND SELECT **CATERING ORDER FORM**
OR CALL US AT 713.360.6133

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. \$25 DELIVERY FEE.
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

IF YOU DO NOT RECEIVE A CONFIRMATION INVOICE YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

