

UPPER KIRBY

2555 KIRBY DR
713.255.4440
10:30AM-9PM
SEVEN DAYS A WEEK



Sandwiches

PROUDLY SERVING SLOW DOUGH BREAD
WITH CHOICE OF 2 SIDES
OR A CUP OF SOUP

SANDWICHES MAY ALSO BE PREPARED AS SALADS | SUB GF WRAP FOR \$2.5

QUINOA BURGER **VEGAN**

SMOKED QUINOA-BEAN PATTY, TOMATO, ROMAINE, PICKLES, RED ONION, SECRET SAUCE, PRETZEL BUN **11.5**

CHIMICHURRI STEAK

SLOW ROASTED 44 FARMS BEEF, ARUGULA, TOMATO, COTIJA CHEESE, AIOLI, CIABATTA **15.**

AVOCADO BLT

PORK BACON, HEIRLOOM TOMATO, ROMAINE, SLICED AVOCADO, AIOLI, FRIED EGG, WHEAT **14.**

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN **9.5**

DUCK CONFIT

CONFIT DUCK LEG, MELTED BRIE, ARUGULA, CRANBERRY JAM, AIOLI, WALNUT-WHEAT BREAD **18. ****

SMOKED SALMON

COLD CURED & SMOKED IN-HOUSE, MIXED GREENS, LEMON CREAM CHEESE, ONION JAM
GOLDEN'S "EVERYTHING" BAGEL **12. ****

Consuming raw or undercooked seafood may increase risk of foodborne illness.

"CRUNCHY" CHICKEN

"NUT-SEED CRUMBLE", PROVOLONE, CRUSHED CHIPS, PICKLES, ROMAINE, TOMATO, BUTTERMILK RANCH, PRETZEL BUN **12. ****

GARDEN SAMMIE **VEGAN**

BRUSSELS SPROUTS, AVOCADO SPREAD, HUMMUS, CURRIED CAULIFLOWER, PICKLED RED ONION, ROMAINE, TOMATO, CIABATTA **10.** **ADD CHICKEN 12.5 AS A SALAD W/ CHICKEN 13.5**

GULF SEAFOOD

SHRIMP, CRAB, ROMAINE, TOMATO, PICKLED RED ONION, GREEN GODDESS, CIABATTA **13.5**

NOT SANDWICHES

SHRIMP TACOS SAUTEED SHRIMP, MANGO SALSA, AVOCADO VINAIGRETTE, CABBAGE SLAW, PIQUILLO PEPPER AIOLI **15.**

VEGAN POWER BOWL CURRIED TOFU-QUINOA, LENTILS, ROASTED TURNIPS, GREEN BEANS, PUMPKIN SEEDS, AVOCADO VINAIGRETTE **14.** **ADD CHICKEN OR TOFU 16.**

FRITO PIE **VEGAN** (CONTAINS NUTS)

VEGAN CHILI, CASHEW QUESO, PICO DE GALLO, SRIRACHA **11. ****

Salads

SANDWICHES MAY ALSO BE PREPARED AS SALADS

FALL HARVEST

MIXED GREENS, MARKET VEGGIES & FRUIT, FETA CHEESE, BRUSSELS SPROUTS, ALMONDS, MICRO SPROUTS, FRESH HERB VINAIGRETTE **11. ****
ADD CHICKEN OR TOFU 13. ADD SHRIMP 14.

SALMON POKÉ

SPICY QUINOA, RADISH, EDAMAME, AVOCADO, GREEN BEANS, NORI, CHILE APPLES, SESAME SALT, SANBAIZU **17. ****

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ASIAN CHICKEN

CHOPPED NAPA CABBAGE & ROMAINE, EDAMAME, BEAN SPROUTS, HOUSE PICKLES, CASHEWS, CRISPY RICE NOODLES, GINGER-SOY DRESSING, SPICY PEANUT SAUCE **12. ****

Drinks

FALL LEMONADE / TEA / FOUNTAIN SODA **3.**
HONEY ICED COFFEE (WITH FLAX MILK) **4.5 ****
COLD BREW NITRO DRAFT **5.**
PAT GREER'S LOCAL FOODS KOMBUCHA **4.5**

Wine by the Glass

HH SABINE ROSÉ **10/20/40**
HH POMELO SAUVIGNON BLANC **10/20/40**
HH SEAN MINOR CHARDONNAY **10/20/40**
HH GRAN PASSIONE RED BLEND **10/20/40**
OAK FARMS CABERNET **10/40**
SEAGLASS PINOT NOIR **10/32**
DOMAINE BOUSQUET BRUT ROSE **8/28**
LOREN PROSECCO **10/32**

Small Plates

BUTTERNUT SQUASH HUMMUS CRUDITE
SERVED WITH VEGGIES, BAGEL CHIPS & GARLIC-HERB OIL **8.**

CASHEW QUESO **VEGAN** (CONTAINS NUTS)
PICO DE GALLO, VEGAN TACO MEAT, HOUSE TORTILLA CHIPS **9. ****

Sides

4. EACH / 3 SIDES FOR 11.
TO-GO: 5. PINT / 8. QUART

TUSCAN KALE

GOLDEN RAISINS, PINE NUTS, PARMESAN ******

SWEET POTATO SALAD

VEGAN AIOLI, APPLES, DILL

HOUSEMADE CHIPS

OLD BAY SEASONING

PUMPKIN SEEDS

CAJUN SEASONING

BROCCOLI-QUINOA

VEGAN FETA, LEMON, SUNFLOWER SEEDS ******

BEET-LENTIL

CRANBERRIES, PICKLED ONION, SPINACH, TAHINI ******

HOUSEMADE DILL PICKLES

Soups

CUP 3.5 / BOWL 5.5

CHICKEN POSOLE

POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH ******

VEGAN CHOWDER

OYSTER MUSHROOMS, ROOT VEGETABLES, COCONUT MILK, OYSTER CRACKERS, GARLIC OIL ******

Sweets

CHOCOLATE CHIP-PECAN COOKIE **2. ****
GLUTEN-FREE 7-LAYER BAR **3. ****
CARROT CUPCAKE **4. **VEGAN****

TACO SALAD **VEGAN**

VEGAN "TACO MEAT," AVOCADO, PICKLED RED ONION, BABY KALE & ROMAINE MIX, TORTILLA STRIPS, CILANTRO-HOMINY, TOMATO, PUMPKIN SEEDS, LIME VINAIGRETTE **12. ****

CAESAR **VEGAN**

BABY KALE & ROMAINE, CASHEW "CHEESE," CRISPY BUTTERNUT SQUASH, CROUTONS, RADISH, SPICED PECANS **10. ****
ADD CHICKEN OR TOFU 12. ADD SHRIMP 13.

**** CONTAINS NUTS/SEEDS**

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING

5% PREMIUM PACKAGING FEE FOR ALL TO-GO ORDERS